

# U.S. HOSTERT

*More than a football club*



## YOUNG FOOTBALLER'S CHARTER

*(Version 2023.24 – translated from French by deep!)*

**CAPACITY IS WHAT YOU CAN DO.**

**MOTIVATION DETERMINES WHAT YOU DO.**

**ATTITUDE DETERMINES HOW YOU DO IT.**

*(Lou Holtz)*

## **U.S. Hostert a.s.b.l.**

### **Youth Committee**

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F.C. Union Sportive Hostert is a meeting place where we all share the same passion: football.

Today, youth coaching at a football club is not just about purely sporting training, with the aim of integrating youngsters into the "world of football", but also an educational mission. It's in this context that our teams of volunteer coaches and managers commit themselves daily to doing their utmost to ensure the well-being and development of your children, through dialogue, respect and fair play towards our team-mates and opponents, regardless of their talent, origin and/or language.

Being part of our club means having rights, but also obligations. By signing up as a player, manager, or coach, you undertake to respect the ethics of football in general and the specific rules of the club.

### ***FOOTBALL = A SCHOOL OF LIFE***

*as our slogan says: "More than a football club..."*

Football is a team sport in which everyone brings their own individual values.

We sincerely hope that young people will identify with our club and our values, and that they will flourish there for as long as possible.

We want to contribute as much as possible to the development of their personality and the enhancement of their image both on and off the pitch, by transmitting essential social values.

Politeness, respect, fair play, a taste for effort, friendliness, punctuality, discipline, courage, generosity, tolerance, solidarity, and a sense of responsibility are just some of the values that must be present not only in sport but also in everyday life.

So, by signing up as a member of U.S. Hostert, everyone will have a charter to respect.

#### ***Why do we need a charter?***

**Without such a charter, much would be left to chance. The charter gives us the opportunity to define our objectives to ensure that our activities run smoothly and focuses on values that we feel are essential to ensuring that our members feel part of our club.**

It also aims to secure the future of our organisation and ensure a positive image and transparency in the public, so that parents and other interested parties can better understand and follow the relationships and objectives of the Youth Commission and their published concept.

**The charter serves as a kind of signpost.** To progress, talent alone is not enough; it is important to adopt an irreproachable attitude.

## General provisions

To play football at the club, all players must have:

- read and **respect the** club's **internal rules** (legal representative for minors) to ensure that our activities run smoothly and that we all have a successful sporting year,
- completed the **licence** and membership formalities and
- paid the **membership fee** before taking part in an official match.

**In the event of a problem in a team, players, coaches, and parents are asked to resolve the dispute, as far as possible, between themselves or in the presence of one or more members of the Youth Committee, who are available to listen to any complaints. Please avoid settling problems by e-mail, and instead seek dialogue or ask for an appointment with a club official or the Youth Committee.**

**THE CLUB = EVERYONE HAS A ROLE, A ROLE FOR  
EVERYONE**

All members of U.S. Hostert, whether players, coaches, managers, parents of players or referees, are required to comply with the club's internal regulations and the young footballer's charter.



## Coach's charter

Chosen by the Youth Committee based on their technical skills and aptitudes, coaches have full authority to make technical and tactical choices regarding the composition and management of the teams they coach, in accordance with our established concept and under the supervision of our youth coordinators.

**"GIVING, RECEIVING, SHARING: THESE ARE THE FUNDAMENTAL VIRTUES OF  
THE  
SPORTSMEN AND WOMEN OF ALL FASHIONS AND ERAS.  
THEY ARE THE SPORT.**

The coach undertakes to:

1. To teach or supervise the practice of football within the spirit of the rules during sessions adapted to the age and level of the players.
2. Develop sportsmanship and ensure compliance with the charter.
3. Be assiduous and punctual and plan to be replaced in the event of absence.
4. Always behave in an exemplary manner.
5. Ensure the health and safety of the players.
6. Greet opposing players, managers, and referees at competitions in a spirit of fair play.
7. Respect the referee's decisions. Remain fair and recognise that the referee is part of the game.
8. Take care of your group on departure and return, never leave a child alone.
9. Welcoming parents and listening to their grievances.  
*As far as possible, players, coaches and parents are asked to settle disputes between themselves or, if necessary, in the presence of one or more members of the Youth Committee, who will be on hand to help. Please avoid settling problems by e-mail and seek dialogue instead!*
10. Take part in club life by attending various meetings and events.
11. Respect the club's sporting policy and promote its brand image.
12. Ensure that the equipment and facilities provided are respected. Keep the premises clean.
13. Comply with the coaching guide drawn up by the club.



## Parents' Charter

Parents are aware that all coaches and managers are volunteers and are keen to help them in their work. **By enrolling their child in the club, parents become aware of the charter and internal rules, which they must respect and ensure their child respects.**

It's important for your child to feel supported, valued, and confident on a football pitch. You are their first supporter, and there's no doubt that your presence by the side of the pitch will help your child to flourish and be happy.

### **BE FAIR-PLAY, SET A GOOD EXAMPLE FOR YOUR CHILD!**

Parents undertake to :

1. **Respect training timetables (start and finish times) and honour invitations to matches. Notify the manager as soon as possible if you are absent or late!**

*An accumulation of unexcused late arrivals and regular unjustified absences may result in expulsion from training sessions and matches.*

2. **notify the coach in good time (at least two weeks in advance) if you are unavailable for a holiday, family celebration, birthday, etc.!**

*The management team can then decide whether a request for modification should be submitted to the FLF (a two-week deadline is required for this request).*

3. **never drop the child off without ensuring that he/she is under the responsibility of a club official and collect him/her at the time indicated.**
4. **not to move around the pitch, either during training sessions or matches.**
5. **complete the licence and membership formalities as quickly as possible and pay the membership fee on time.**

*Please note articles 3 to 5 of the house rules.*

6. **encourage the team in a spirit of fair play, without interfering with the coach's decisions, and respect those decisions.**
7. **respect the referee and his decisions, opponents, officials, and spectators.**
8. **ensure that their child's sporting activities are balanced and put the stakes of a match into perspective.**
9. **discuss and explain any problems encountered with the coaching team by requesting a meeting with a club official or the Youth Committee.**
10. **as far as possible, offer its services once or twice a year for extra-sporting activities, tournaments, the club party, etc.**
11. **inform a manager of any medical or health problems their child may have, as well as any allergies or intolerances.**



## Player's charter

When I join a sports club, I pay attention to reliability and discipline.

We young footballers at US Hostert perform as a unit, even between different age groups. The older players play an exemplary role in relation to the younger ones and aid where necessary.

**INDIVIDUAL PERFORMANCES ARE NOT THE MOST IMPORTANT THING.**

**WE WIN AND WE LOSE (ALL TOGETHER) AS A TEAM. (ZINEDINE ZIDANE)**

The player undertakes to:

1. Adopt a courteous and polite attitude. Don't forget the words "Gudde Moien", "Thank you" and "Äddi".
2. be punctual and notify the coach as soon as possible if they are unable to attend or are late. Honour match summonses and notify the coach in good time if you are unavailable.
3. sign a licence to play for the club, regardless of the team for which they are called up.
4. Respect the decisions and choices of the coach or manager. At the very least, politely ask for explanations for their choices.
5. respect the rules of football and not break them by cheating.
6. respect the referee's decisions and play fair.
7. respect team-mates and opponents by maintaining self-control and refusing physical and verbal violence. The coach is the only person entitled to decide whether to intervene.  
*Even if I don't like everyone, I accept every team-mate, every member of the club and every opponent.*
8. accept victory with modesty, without ridiculing the opponent, and recognise with dignity the superiority of the opponent in defeat.
9. Remain calm and dignified in all circumstances, be exemplary, generous, and tolerant. Refuse all forms of discrimination. No to racism.
10. reject corruption, drugs and other dangers to our sport.
11. Respect the equipment and facilities provided, as well as those of team-mates and other clubs. Help collect equipment after training sessions and matches and keep the facilities clean!
12. respect the environment by not throwing anything away and by not wasting water.
13. ensure that the equipment used is suitable for playing football and adapted to the weather conditions and respect the rules of hygiene.
14. to fly the club colours, to have a team spirit, without forgetting that football is first and foremost a game.



## Rules of procedure

### **- Article 1: Respect for people and property.**

Each member undertakes to respect team-mates, opponents, referees and their decisions, spectators, and all other members of the club.

All players and their legal representatives undertake to respect the coaches' choices.

Any breach of morals, ethics or the club's image will be punished.

The materials and equipment made available to the players must also be respected. The coach is responsible for the equipment used during training sessions. All participants are responsible for helping to set up and tidy up after training sessions.

### **- Article 2: Compliance with appointment times, lateness, or absence.**

Each member undertakes to honour his or her call-up to any team and to be at the time specified on the call-up for matches and training sessions.

It is imperative to inform those directly responsible in the event of lateness or absence. Repeated unjustified absences will be penalised.

Parents are reminded that the club is not a nursery and that children should be collected from training sessions or competitions at the scheduled time. The club accepts no responsibility if parents do not collect their children at the appointed time or if children return home by their own means.

### **- Article 3: Registration form and information sheet.**

It must be completed at the time of registration or renewal. It contains all the useful information about the member. Members undertake to inform the club administration of any changes (address, telephone number, etc.). This information is stored in a club database.

### **- Article 4: Membership fees.**

Payment of the membership fee is compulsory at the time of registration. Special arrangements may be made for large families.

Any member who is not up to date with their membership fee after this reminder will not be able to play after this date.

Any player whose membership fee is not up to date will not be able to join again the following season until he or she has paid his or her membership fee and the fee for the new season.

### **- Article 5: Licence and medical certificate.**

All members undertake to apply, through the club, for an official licence from the federation. This essential document enables players to play football and others to take on responsibilities within the club. Without a licence, there is no valid insurance cover in the event of injury, ...

It is strictly forbidden for players to take part in training or matches if they do not have a licence and a valid medical certificate (compulsory from U11 level upwards) attesting to their fitness to play football.

### **- Article 6: Penalties.**

Any hindrance to the smooth running of the club or any duly observed misconduct (indiscipline, theft, etc.) will be penalised by a warning, suspension or even exclusion. The decision may be taken by the person directly responsible, who will inform the Youth Committee. The latter will decide on the penalty or penalties to be imposed.

An accumulation of unexcused late arrivals and regular unjustified absences, as well as the absence of a valid licence, may result in expulsion from training sessions and matches in order to ensure that our sporting adventures run smoothly.